

Consent for In-Person Psychological Services

This Consent for Returning to In-Person Psychological Services is a supplement to the informed consent that we agreed to at the outset of our clinical work together. Please read this document carefully, and let me know if you have any questions.

As a way to mitigate the risk of exposure to COVID-19, our practice has transitioned to providing most services via telecommunications technology. Use of telecommunications technology reduces the need for persons to come into close contact with each other or to be in areas where exposure to COVID-19 may occur. However, in some situations, teletherapy services may not be adequate, and in-person services may be more appropriate.

We have determined that in-person services are more appropriate at this time for your situation for the following reason(s):

- Teletherapy ineffective; no improvement of symptoms
- Increased symptomatology; deterioration
- Crisis intervention / High risk
- Psychological evaluation; some assessment measures require face-to-face administration
- Client is unable to attend teletherapy sessions due to age or diagnosis-related limitations
- Other: _____

In order for me to provide you with in-person services, the following protocols must be followed by clients and providers:

Check-in: We ask all clients to arrive on-time to appointments. There will be no waiting in the office at this time. Your therapist will call you at number you provide here when they are ready for you to enter: (_____)_____

Limited Guests: At this time, only one client will be allowed in the office at a time. Please do not bring any guests, children, or family members who do not have a scheduled appointment.

Sanitization Procedures: All community surfaces (door knobs, counters, tables, sofa, etc.) will be sanitized between clients. Therapists will sanitize hands before and after each session. Hand sanitizer is available for clients' use.

Personal Protection and Social Distancing Guidelines: Social distancing requirements must be met, meaning that you agree to maintain a six-foot distance from others while in the office. Clients and therapists are strongly encouraged to wear face coverings/masks while in the office. The decision to use face coverings/masks can be a predetermined and agreed upon understanding between you and your therapist.

Touchless Checkout and Electronic Documents: We utilize touchless checkout and accept payments using the credit card on file. In addition, our consent and intake documents will be sent electronically and may be signed and emailed back to limit exposure.

Health: If you have a fever, shortness of breath, coughing, or any other symptoms associated with COVID-19 or if you have been exposed to another person who is showing signs of infection or has confirmed COVID-19 within the past two weeks, please call us to reschedule; our cancellation policy will be waived.

The decision to engage in in-person services is based on current conditions and guidelines, which may change at any time. Such a decision will be made in consultation with you, but I will make the final determination based on a careful weighing of the risks and applicable regulations.

We remain committed to following state and federal guidelines and to adhering to professional healthcare standards to limit the transmission of COVID-19 in our offices. Despite our careful attention to sanitization, social distancing, and other protocols, there is still a chance that you will be exposed to COVID-19 in our office. If, at any point, you prefer to stop in-person services or to consider transitioning to teletherapy services, please let me know.

By signing below, you acknowledge that you understand that there is still a potential risk of exposure and that you agree to follow the safety protocols outlined above in order to engage in in-person services.

Client/Guardian Signature

Date

Clinician

Date